The article analyzes and discusses the features of circus genres – acrobatics, gymnastics, balancing act, juggling. The characteristic of circus genres is analyzed. Specific features of the robots of the department of circus genres Kyiv Municipal Academy of Variety and Circus Art. The ontological features of circus genres – acrobatics, gymnastics, balancing act, juggling are specified. The techniques and varieties of circus genres are defined. The structure of circus genres – acrobatics, gymnastics, balancing act, juggling is considered.

Key words: Circus Art, acrobatics, gymnastics, balancing act, juggling, circus genres, Kyiv Municipal Academy of Variety and Circus Art.

The posing of problems. The problem to which the study is devoted is of interest for the first time in the domestic circus criticism, the features, varieties and structure of circus genres are analyzed and examined – acrobatics, gymnastics, balancing act, juggling.

Research analysis. Scientific researches on the problems of circus art, its features, genres, history are represented by Capitoline Dementieva, Alexander Kiss, Tony Buzen, Yuri Dmitriev, Marina Malykhina, Alexander Babinsky, Maxim Golovchenko, Eugenie Pakhalovich, Artem Galai, and Alexandra Soboleva.

Purpose of the article. The goal is to analyze concepts, structure of features of formal technical means of circus genres.
The tasks are:
- analyze researchers from the field of circus genres;
- to determine the structure of circus genres;
- describe the historical features of the department of circus genres.

**Statement of the main material.** Thus, we will analyze the theory of circus genres, as well as their features, varieties and structure.

**Circus genres** – acrobatics, gymnastics, balancing act, juggling.

**Circus acrobatics**
Types of acrobatics – sports; circus – steam, hopping, volt. Acrobatic terms and concepts – acrobatic track, insurance, lounges, matte flooring, stance, frog, twine, pace jump, wheel, coup, cities, somersault, curbed, transfer, kopfshprung, wheel, rondat, forderspunge, flac, flick-flak, saulto, hand grip, entry, jump, descent from the exercise [2].

**Circus gymnastics**
Types of gymnastics – sports; circus – bamboo, ring, trapeze, belts, canvases.

Gymnastic terms and concepts – gymnastic bridge, gym table, parallel gymnastic bars, gymnastic logs, gymnastic rings, gymnastic horizontal bar, gymnastic crossbar (low), insurance, lunge, mat, grip, entrance, jump, east, stop, swing, lifting, step, balance, strength exercises, balance exercises, support jump, somersault, wheel, transfer, turn, revolution, stand, hovering in the air, will sit [1].

**Balance**
Types of balance – power balance, balance on coils, balance on the stairs, rubber, balance on the wire; balance on a monocycle.

Terms and concepts in the balance sheet – for power balance, for balancing on coils, for balance on a monocycle – rotation, swoop, tempo jump, rondat, wheel, revolution, flick-flak, somersault, strength exercises, balance exercises, hands grip, rack entry, stop, stand in the middle, push
post, stand with force, stand "tablet", stand on one hand stand on one hand, stand narrow in the hands, turn in the rack on the hands; "A leg", the stand on the arms on the coil; balance in the elbow, stand on the head ("kopshtein"), turn, curbed; half-turn, balance, jumping out; A jump, a descent from an exercise, "Pyramid".

(For rubber) – rubber, jump on, go on, jump out, balance, rack, cube, stand in grouping, quarter turn stand, half rack, single-arm stand, twist in a rack with twine, balance on elbow, double and triple folds, "bridge", balance, tightening, twine.

**Juggling**

Types of juggling – circus: juggling clubs, balls, rings, hula hoops, knives, bounce juggling balls, antipode; flaring: working flair and show-flair; juggling with kendam; juggling yo-yo and diabolo; sports juggling – volleycball; juggling with kettlebells (power juggling), fighting juggling; juggling objects on the run.

Juggling techniques – juggling whole body, quantitative juggling, combination juggling, trick juggling, technical, juggling, contact juggling.

Terms and concepts in juggling – juggling with cross shots; juggling pairs, juggling separately in each hand, juggling "cascade", "half-cascade"; juggling with three subjects in rhythm: juggling with five, seven, nine subjects (preparatory work – "ejection"); juggling with four objects in rhythm: six, eight, ten subjects (preparatory work – "ejection"); pumping muscles with a minimum number of objects – for a larger amount, maintaining rhythm, balancing, twisting, juggling the number of shots, checking the stability of the element, contact juggling; detachment juggling [4].

monocycle with juggling. Contemporary dance with power balance. Contemporary dance with juggling.

The above circus genres, forms and techniques are part of the learning process and represent the stage method of the department of circus genres Kyiv Municipal Academy of Variety and Circus Art in the context of training of professional circus artists of the educational level "Bachelor", "Master" in higher education.

The department of circus genres is a part of the Faculty of Variety and Circus Arts, which in its turn is a subdivision of the Kyiv Municipal Academy of Variety and Circus Art.

Dean of the Faculty of Variety and Circus since 2016 is Denys Sharykov, Doctor of the Arts Criticism (Study of Arts) Associate Professor of the Department of Circus Genres, known choreologist and ballet critic, choreographer, Laureate of International Ballet competitions, as well as a Member of the World Dance Council of UNESCO.

Head of the Department of Circus Genres, is since 2016, Honored Artist of Ukraine – Yuri Pozdnyakov, famous teacher and author of the stage method for juggling – balls, hula-hoops. Coryphaeus of the Kyiv Municipal Academy of Variety and Circus Art.

Department of Circus Genres of the Kyiv Municipal Academy of Variety and Circus Art – produces training of specialists in the field of professional circus artists, teachers of special disciplines [2, p. 38–48].

The program of academic discipline "Acrobatics" is designed for students of specialization Circus acrobatics, Circus gymnastics, Balance, Juggling of the specialty 026 “Scenic Art”, admitted to the Academy on the basis of complete general secondary education. The proposed work program is based on the system of knowledge, skills and skills accumulated over many years of training circus performers of all genres in circus acrobatics. This system is based on a critical analysis of the achievements
of world acrobatics, the results of creative and practical studies of acrobatics specialists in Ukraine.

The development of the program is called for by the need to improve the teaching and upbringing process in connection with the increase in the requirements for the training of circus performers from acrobatic genres related to the conduct of artistic activity in market conditions.

To successfully perform acrobatic exercises, you must adhere to certain mandatory rules and build a lesson preferably on this principle:

1). The preparatory part is warming up the muscles.
2). The main part is the study of purely technical exercises, where the voltage is maximum.
3). The final part is doing exercises on strength and stretching of muscles and relaxation.

The ratio of these parts and the repetition and consolidation of the studied material is regulated by the teacher, based on the need.

At the initial stage of studying acrobatic exercises, the help of a teacher, skillful insurance, instills in students confidence in their abilities and contributes to the rapid overcoming of fear and difficulties.

Acrobatics should be versatile, the load should lie on heterogeneous muscle groups. For example, static exercises, exercises for the development of flexibility and stretching, somersaults, tempo exercises.

The purpose of the academic discipline "Acrobatics":
- obtaining elementary skills and skills in acrobatic;
- to teach to use the received elementary skills and skills on acrobatics in variety dance;
- to help develop the speed of reaction, coordination of movements, plasticity, dexterity;
- help to develop the future artist's skills orientation in the space of the hall, the stage;
− education of moral and strong-willed qualities.

The basic concepts of the academic discipline "Acrobatics", which the student should know: acrobatic track, insurance, lodge, stance, twine, tempo jump, wheel, revolution, cities, kulbit, curbed, transfer, kopfshprung, wheel, rondat, fordersponge, flick-flag, somersault, grip hands, entrance, jump, care.

Basic skills. The student should be able to:

a) to have effective methods of maintaining the balance of the body
b) correctly conduct a warm-up with the inclusion of simple exercises;
c) correctly apply the insured means necessary both for learning and for performing acrobatic elements and exercises;
d) correctly perform both simple and complex acrobatic elements and exercises;
e) correctly analyze their own technique of performing acrobatic elements and exercises, be able to find and correct mistakes of a technical nature on time;
f) on the basis of the acquired program material on acrobatics, be able to correctly compose and perform simple and complex acrobatic combinations.

Group acrobatics classes in turn provide comprehensive physical development on the basis and in organic connection with the requirements and norms of the training of artists, allow in general to improve the skill of performers.

The program of academic discipline "Gymnastics" is designed for students of specialization Circus acrobatics, Circus gymnastics, Balance, Juggling of the specialty 026 “Scenic Art”, admitted to the Academy on the basis of complete general secondary education. The proposed work program is based on the system of knowledge, skills and skills accumulated over many years of training circus performers of all genres in circus
gymnastics. This system is based on a critical analysis of the achievements of world gymnastics, the results of creative and practical studies of gymnastics specialists in Ukraine [5, p. 11–13].

The proposed program is made taking into account the system of knowledge, skills and skills accumulated by long-term gymnastic training for students of circus genres.

This system is based on an analysis of the achievements of the world gymnastics, the results of creative and practical research of experts in aerial gymnastics of Ukraine.

The goal is to master the knowledge, skills and skills of the gymnast for performing professional artistic activities in circus and concert variety organizations.

Tasks:

• by means of special physical exercises to achieve in the training of future specialists the appropriate level of physical development (appropriate strength, speed, agility, flexibility), as well as the development of the vestibular apparatus.

• learning the appropriate air-gymnastic exercises, fixing and improving certain moving skills to achieve high technical training;

• Simultaneously with the study of technique in tricks and the development of mobile skills, to train the air gymnast high moral and volitional qualities: the ability to overcome a sense of fear, high psychological preparation, readiness for competitions in the circus arena, the stage;

• to form and develop by means of actor's skill actor's temperament, expressiveness, efficiency and creative imagination in the circus arena and on stage;
• to form and develop by means of plastic mobile training of an air gymnast the skills of free possession of his body, instill in him a sense of rhythm, musical memory and musical ear;
  • develop skills of orientation in space in aerial gymnastics;
  • To move away from the narrowly directed training of aerial gymnastics.

The program of academic discipline "Juggling" is designed for students of specialization Circus acrobatics, Circus gymnastics, Balance, Juggling of the specialty 026 “Scenic Art”, admitted to the Academy on the basis of complete general secondary education. The proposed work program is based on the system of knowledge, skills and skills accumulated over many years of training circus performers of all genres in circus juggling’s. This system is based on a critical analysis of the achievements of world gymnastics, the results of creative and practical studies of juggling specialists in Ukraine.

The purpose of the "Juggling" discipline is:
  • by special physical exercises to achieve complete muscular freedom, strict observance of consistency and positions in the performance of exercises, as an indispensable condition for mastering the profession;
  • Using the classical props of jugglers (maces, rings, balls) to obtain from students a thorough dexterity, instant reaction, speed of movement and a developed sense of rhythm;
  • to achieve simultaneously moral and volitional qualities, endurance, patience, to be able to maintain friendly relations with colleagues while learning the juggler’s technique, to be able to coordinate their psychophysical state before performing on stage or arena;
  • to form and develop by means of actor expressiveness and mastery the high technique of performing tricks, a harmonious combination of all expressive means for solving high creative tasks;
• develop the skills of the choreographic preparation of the juggler skills of free possession of his body, instill a sense of rhythm, musical ear and memory;
  • practice juggling skills of free orientation in the space of the stage, hall, arena;
  • develop and shape the juggler's creative approach not only to his number, but also the skills of director's thinking when preparing concert programs with participation of other genres of circus and variety art [7, p. 138–143].

Conclusions
Thus, it can be stated that the circus genres – acrobatics, gymnastics, balance, juggling, today have a wide variety in forms, techniques, the system of training, and also are important educational subjects in higher education and educational institutions The Kyiv Municipal Academy of Variety and Circus Art.

The department of circus genres conducts a thorough and accurate educational and methodical development of the program for the above specializations and circus genres, which indicates a high professional potential and innovative technologies in higher education The Kyiv Municipal Academy of Variety and Circus Art.

Література:

References: